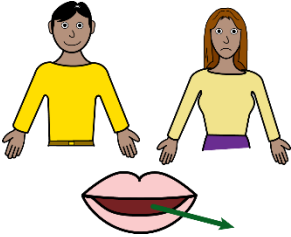

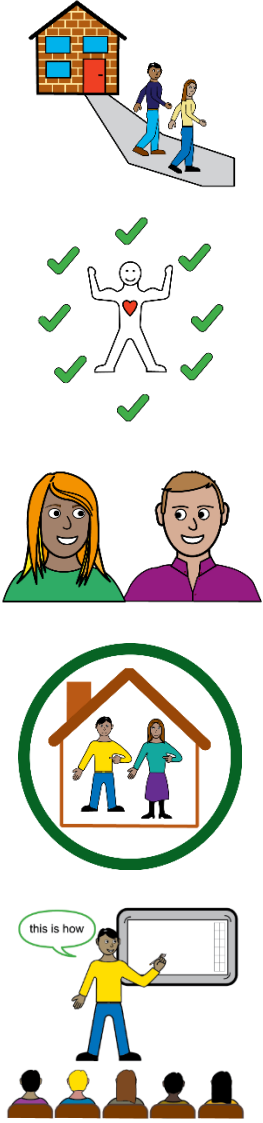


## Speaking up for yourself and other people Peer Advocacy Project (Learning Disabilities)

	<p>Do you want to speak up for yourself and other people?</p>
	<p>A Peer Advocate is a trained volunteer who has similar experiences to the person they support</p> <p>Peer advocates help people to have a voice about things that matter to them</p>
	<p>This could be about things like</p> <ul style="list-style-type: none"> <li>✓ Getting a job</li> <li>✓ Looking after your health</li> <li>✓ Friendships and relationships</li> <li>✓ Finding a place to live</li> <li>✓ Education and training</li> </ul>



supporting independent living

An illustration showing a person in a blue shirt offering a gift to a person in a green shirt. A yellow sign above them says "free of charge" with a crossed-out pound sign. A red 'X' is over the gift.	<p>A volunteer is someone who chooses to do a job without getting paid for it</p> <p>Volunteers get money to pay for things like travelling to meetings</p> <p>People should never spend their own money when they are volunteering</p>
A map of South Gloucestershire, showing the region's boundaries and major roads.	<p>WECIL is starting a new Peer Advocacy project in South Gloucestershire</p> <p>They want people to volunteer to be a Peer Advocate</p>

As a Peer Advocate volunteer you can:

An illustration of a person in a yellow shirt pointing at a whiteboard. A speech bubble says "this is how". Below are five small icons of people.	<p>Have training and learn what it means to be a Peer Advocate</p>
An illustration of two hands, one above and one below, holding two people (a woman and a man).	<p>Have training about how to stay safe and how to keep others safe</p>
An illustration of a person's head with a thought bubble containing an 'i' and a question mark.	<p>Learn new skills</p>
An illustration of a group of diverse people (including one with a wheelchair) standing in a circle with a curved arrow pointing clockwise.	<p>Meet new people</p>

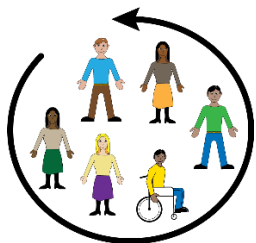
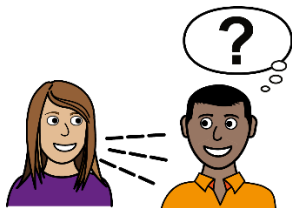
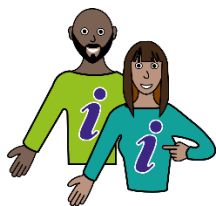
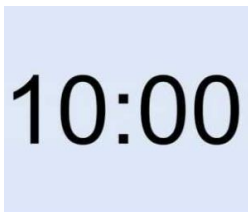
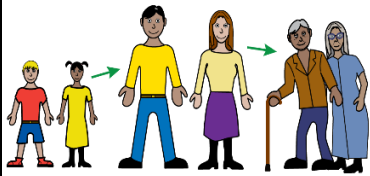


supporting independent living

	<p>Talk about your own experiences of employment, education, housing, relationships and health</p>
	<p>Support people to talk about their own experiences and ideas about employment, education, housing, relationships and health</p>
	<p>Plan and lead a monthly group meeting with other people who have a learning disability</p>
	<p>Invite experts or helpful people to meetings to talk about employment, education, housing, relationships and health</p>
	<p>Have a safe and non-judgemental space to be heard</p>
	<p>Gain confidence</p>
	<p>Speak out on issues to try to make a difference</p>
 <p>supporting independent living</p>	<p>Access other services that can help with your long term goals like finding a job</p>



supporting independent living



Volunteer Peer Advocates must be:

- ✓ 17 or older
  
- ✓ Living in South Gloucestershire
  
- ✓ Able to volunteer for about 10 hours a month
  
- ✓ Want to learn new skills and support others
  
- ✓ Be able to listen to others
  
- ✓ Be able to work in a non judgemental way with other people



If you are interested please contact [rhianon.gale@wecil.co.uk](mailto:rhianon.gale@wecil.co.uk) or phone us on 0117 947 9911 and ask to speak with Rhianon Gale